

# Gold Canyon United Methodist



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## From The Pastor:

### "Worthy of Our Faith"

In February we begin the Lenten Season. Lent is a period of time when we prepare ourselves for Easter. Often people will give up something for Lent. Sometimes it is something small and sometimes is something which may change a life.

I invite you during the Lenten season to realize that God is worthy of any need we might have. God is ready to help us conquer things that are destroying our lives. On Sunday, Feb. 10, which is the first Sunday of Lent, I invite you to place on the communion table of the worship service you attend a symbol of something that you need God's help to give up. It may be a substance which is destroying your life. It may be an attitude. It may be an action. It may be something easy to let go of or it may be an addiction.

Lent should be a time of spiritual growth and reflection. By bringing our items to the table, we will symbolically ask for God's help in conquering whatever obstacle stands between us and others or between us and God. God is capable of seeing us through. I think Lisa Tawn Bergren does an excellent job of reminding us who God is:

He is your protector...  
when you feel lost, weary, and afraid  
He is good...  
when it's time to renew your perspective  
He is holy...  
when you yearn for someone greater than yourself  
He is your guide...  
when you need guidance  
He is near...  
when you long to feel His presence

He is a faithful friend...  
when you yearn for His company  
He is just...  
when you need to leave justice in God's hands  
He is all-powerful...  
when the battle is too much for you  
He is grace...  
when you need forgiveness  
He is love...  
when you feel orphaned by life  
He is merciful...  
when you need a Savior  
He is majestic...  
when you're filled with awe by His creativity  
See you at the table in Lent.

Grace and peace,

*Fred*



## "A Little Bit Country..."

Drop on by the Country Western Service at 5:00 pm on Sunday. These spirited worship services are led by our own "One in the Spirit" Band, with Rev. Bob Deits giving the message. On the last Sunday of each month, music is led by "The Housers and Gang," featuring the cowboy touch of Ron and Chris Houser and the talented Tara Houser Jones on fiddle. The Country Service meets in the Koinonia Room of the Education Building.

## "...and a Little Bit Rock-n-Roll"

At 10:50 am every Sunday, GCUMC's Praise Band, "Uncommon Grace" leads the music for the Praise and Worship service. This service features music that is heard on Christian radio. It is an uplifting, spirit-filled experience set to a rock-n-roll beat. Rev. Fred Steinberg gives the message. The Praise Service meets in the Koinonia Room of the Education Building.



## The Spirit is Building

By Grover Wallace

*Yours, O Lord, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours.*

*Yours, O Lord is the Kingdom;*

*and you are exalted as head over all.*

*Wealth and honor come from you;*

*you are the ruler of all things.*

*In your hands are strength and power*

*to exalt and give strength to all.*

*Now, our God, we give you thanks,*

*and praise your glorious name.*

*But who am I, and who are my people, that we should be able to give as generously as this? Everything comes from you, and we have given you only what comes from your hand. We are aliens and strangers in your sight, as were all our forefathers. Our days on earth are like a shadow, without hope. O Lord our God, as for all this abundance that have provided for you a temple for your Holy Name, it comes from your hand, and all of it belongs to you. I know, my God, that you test the heart and are pleased with integrity.*

*Chronicles 29:11-17 (NIV)*

At this point, the month of January 2008 has ended and the activities at Gold Canyon United Methodist Church continues. Not as hectic and busy as the month of December when we celebrated the birth of Our Lord, Jesus Christ. But our regular monthly activities continued – our various worship services, Sunday School, Bible studies, choir practices and performances, youth and children’s activities, women’s activities, outreach programs, mission programs, food bank, Sidewalk Sunday School, feeding of the hungry and homeless, helping others in need with rent and utility bills, committee and office activities, volunteer activities, general day-to-day operations and maintenance of our beautiful church facilities. All of these activities are continuing as a result of God’s gifts to you and your willingness to give back by volunteering your time, energy, effort, talents, and finances to support the needs of your church and our community.

However, during January, we all had the opportunity to participate in our annual stewardship campaign “Forward By Faith” by completing cards to contribute and support all of the programs mentioned previously which includes paying off our mortgage debt on our new sanctuary. As you are aware by this time, we will not conduct another three-year building campaign as we have over the past six years. In your annual stewardship campaign material you received two pledge cards, one for supporting the

“General Budget” to finance the day-to-day operation and maintenance of our church and all of our activities. The second pledge card is to support our building fund to pay off our mortgage debt and in the future, complete capital programs relating to our facilities (ie. parking lot, landscaping, etc.). The results of our stewardship campaign will determine our financial status for the year 2008. Thus, the amount our congregation pledges will dictate the amount we can spend on each program previously listed.

By Jewish tradition, Ezra is believed to be the author of the Chronicles. In I Chronicles 29:11-17 Ezra outlines the source of all giving; God provides everything we have on earth and everything in heaven and earth belongs to our Lord. From the abundance we receive for our Lord, we must determine in our heart through prayer what portion we give back to him through our church.

During the month of December, 2007, your contributions to “The Spirit is Building”

Campaign totaled \$68,232. As of the end of 2007, total contributions to our campaign totaled \$1,402,937 or 86.02% of our goal. We now have two months remaining (January and February, 2008) contributions to be included in the current three-year campaign which was a goal of \$1,631,000 as established by our pledges. Based on monthly average, giving for the first 34 months we will be approximately \$145,532 or 8.9% short of our goal for the three-year period.

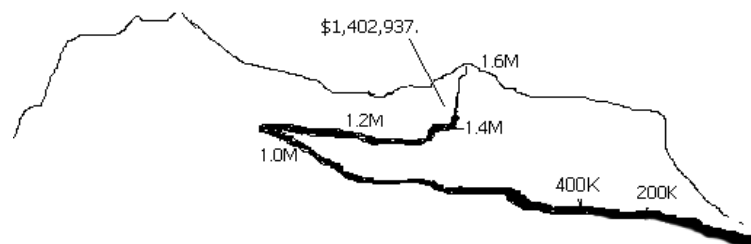
Our new goal is that our monthly contributions exceed our mortgage commitment and we will be in a position to payoff our mortgage early and complete other capital projects associated with our facilities.

*“Let no debt remain outstanding except the continuing debt to love one another.”*

*Romans 13:8 (NIV)*

**May God’s Blessing Be With You and Your Family.**

During the month of December, 2007, your contributions totalled \$68,232. As of the end of 2007, total contributions to our campaign were \$1,402,937, or 86.02% of our goal. We now have until the end of February to meet our goal of \$1,631,000.



## SOULfiesta

A Lay and Clergy Training Event  
February 27— March 1  
At Gold Canyon UMC

*Brought to you by the Desert Southwest Conference and the  
Upper Room from the General Board of Discipleship  
And*

*Hosted by GCUMC*

*If interest in attending, call the church office at  
480-982-3776*

*If interested in volunteering, contact Ron Walker at  
480-671-3881*



We do not boast beyond limits, that is,  
in the labors of others; but our hope is  
that, as your faith increases, our sphere  
of action among you may be greatly  
enlarged...

2 Corinthians 10:1

## DONATIONS & ATTENDANCE



### FREE MONEY – FREE MONEY

Are you getting free money for the church from Bashas' and/or Fry's (to pay off the bus loan)? *In December alone, we earned over \$1100 from Bashas'.* If you shop at either of these stores (even spending just a few dollars a week), you can help by using Bashas' Community Support Card or Fry's Gift Card to pay for your groceries and prescriptions (and gas at Fry's). Bashas' gives us back 6% and Fry's, 3%, on every dollar you spend when you use these cards. You can reload/recharge the cards right at the check-out counter with your charge card and you still get the good sale prices with no cost to you. For those of you who haven't used your card for over three months and there is no money on it, you will have to purchase a new card. Pick up a card on Sunday morning at the *Scrip* table in the east narthex (or in the office during the week) and start getting free money next time *you* shop!

December								
	2005		2006		2007		2006	2007
	Gen.	Build.	Gen.	Build.	Gen.	Build.	Worship All	Worship All
1st	19251	15254	22959	11056	23834	13759	1138	1217
2nd	13818	11635	12428	9198	20412	20124	1130	1224
3rd	16336	9698	12778	8518	19489	6344	1188	1199
4th	14959	26434	18831	19143	21678	9705	852	1231
5th	0	0	14472	8685	18472	18300	1151	1129
Total	64364	63020	81467	56600	103885	68232	5459	6000

## Mulungwishi—The Growth of a Complete Missionary

By Rev. Jim Dinkel

When Bishop Springer started to establish churches in the Southern Congo in 1910, he was very restricted by the Belgium Colonial Policy. They would not allow any education beyond elementary school or any program that would develop native leadership. Some churches started that were under the leadership of lay pastors who he started training with a course of independent study. This continued to grow until the y were able to establish a theological school in 1951. By then, they were training pastors for two annual conference.

The Congo received independence in 1960, and free from colonial domination, they immediately expanded to a high-school level program. As the students advanced, so did the program. By 1973 it was upgraded to junior college level, and in the 1980's it became a four-year seminary with a B.A. degree with a major in religion.

At first all the professors were missionaries. Through the years they have produced Congolese professors—four with PHD's and four with master degrees. Since they teach in French, they have attended universities in Switzerland, Canada, or other European countries.

Although the Seminary is a major purpose of the Mission Compound, they also have a great many other ways to serve their community. They have an infant nutritional program, a pre-school, an elementary school, and a high school. There is a women's school which mostly serves the wives of seminary students. This gives them resources to use in the churches that their husbands pastor.

In response to requests from the churches, the seminary

was expanded into the Katanga Methodist University. This includes a teachers' college and an information (computer) college. (The Pacific-Northwest Conference sent them 22 computers.) All told, there are some 1,500 students in the many programs at the mission station.

Since many of the students come from a long distance, there are boarding facilities for those who need it. The station has a demonstration farm that has a dual purpose. It provides food for those in the boarding facility and helps educate local farmers to improve their farming skills.

The Masters of Leadership Program provides adult learning by extension, bringing needed skills for church and secular leaders in the region.

The medical clinic not only meets the medical needs of those on the campus, but it also serves the medical needs of 20,000 people within a 25 mile radius of the station.

There are hundreds of people in leadership positions throughout the programs. At one time they were all filled by missionaries. Through the years, Congolese people have been trained to take those positions. Now there is only one missionary couple on the whole compound, Reverend David and Lorene Persons. While they have many responsibilities, David's primary job is to be Dean of the Seminary, and Lorene is the head of the women's school.

There is great satisfaction in knowing that this outstanding work is being done as a part of the United Methodist Church. This has been made possible by the efforts of Methodists though the years.

† † †



# STEPHEN MINISTRY®

## A CARE RECEIVER SOUNDS OFF

HEAR ME, HEAR ME!!

When you as Stephen Minister come to help me, PLEASE DO NOT:

- Do not tell me you know how I feel.
- Do not tell me what I need to do.
- Do not tell me I'm wrong.
- Don't rush me, because you don't know where I'm going.
- Do not take my burden from me.

**Speak to one another  
with psalms, hymns  
and spiritual songs.  
Ephesians 5:19a**

Here are some things I WANT YOU TO DO:

- Call me and let me know I exist!
- Tell me you are here and that you care.
- Ask me to say how I feel then let me tell you how I feel.
- Let me express my anger and hopelessness and let me cry if I need to.
- Ask me if I want to be touched with a hug or a prayer. Let me decide.
- When I say "no" accept it.
- When I say "yes" do it.
- Hear me, not only with your ears, but also with your eyes, touch, and your heart.
- Be human and let me feel your humanness, be honest with me.

I need to trust you. Please care for me and let God cure me. Doing these things will let us both grow. When I'm healed and whole again you must let me go.

**STEPHEN MINISTERS LISTEN, HEAR  
AND ABIDE!!!!**



## Christian Education...

With David Ballard

*"Our mission is to bring the love of Christ and His teachings to learners of all ages on their spiritual journey, that they be transformed and thus positively affect our local and global communities."*

**VBS!** – This years Vacation Bible School theme is: **Beach Party: Surfin' Through the Scriptures**. If you have children, please put these dates on your calendar: June 16<sup>th</sup> – June 20<sup>th</sup>.

### Two Big Thank You's

**First** - A big thank you goes to all those who lit candles and read liturgies during the Advent services. Thank you for leading part of these services.

**Second** – The Ministry Fair was a tremendous success. Thank you to all those who participated and shared their ministry with the congregation.

**Easter Egg Hunt** – Mark your calendars – the Easter Egg Hunt will be held on Saturday, March 22<sup>th</sup> at Gold Canyon UMC. This event will be open to the public.



**Midweek Mountaineers** – Midweek Mountaineers is kicking off on Wednesday, February 6<sup>th</sup>, in the Education Building. We will meet every other Wednesday from 4:45 to 6 pm. This group, 1<sup>st</sup> through 6<sup>th</sup> grades, will have a short bible lesson, play games, have dinner, and occasionally go out and have some extra fun. Please come and join us!

A volunteer to assist with the Midweek Mountaineers is needed. Please contact David Ballard if you would be interested.

**Easter Egg Hunt Needs** – Some needs for the Easter Egg hunt this year would be: plastic eggs, candy (no chocolate, please) and small trinkets that would fit inside the plastic eggs. Money donations are welcome, too, for the purchase of the above. Please give your donations to David Ballard.

## VOLUNTEERS DO MAKE A DIFFERENCE

By Jane Hayes, Volunteer Coordinator

### Volunteers are Beautiful People

*Bringing good people and good causes together is what I enjoy doing. We have numerous ways in which you can be involved with our church family. Let me help you find a cause that needs YOU!*

Administration  
Communications  
Performing Arts  
Church Maintenance  
Office Skills  
Worship  
Men's Ministries  
Women's Ministries  
Educational Ministries  
Vacation Bible School  
Sidewalk Sunday School  
Youth Ministries  
Missions

### Care Ministries

### Family Ministries

### Hospitality

### Cookies for Sunday

### Meals to Shut-ins

### Prepare Food for Funerals

### Buddy Caller/ Driver

### Pick Up / Deliver

Once I understand your areas of interest for volunteer work, I will need to know the amount of time you wish to offer. We have so many opportunities with *f-l-e-x-i-b-i-l-i-t-y* to accommodate your schedule. I find it is so much more fun to find a partner or small group to make the job seem easier.

**\*\*Please consider joining one of our any active and successful volunteer groups by calling 982-3776.**



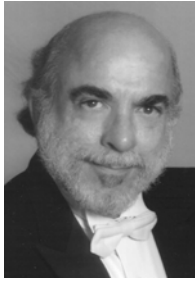
### Volunteers of the Month

### For January

Chris Houser

Mike Vagnier

Sharee Sifferath



## Music Notes

**T**ime keeps marching (or should I say *racing!*) on. We are into the month of love – not just romantic love, but also *agape* love - Christian love. I hope we all will remember to *love our neighbor as ourselves* this month, and throughout our lives.

You may have seen some new faces in the choir. We have added a number of new singers, but we always have room for more! If you enjoy singing, can read music, and are willing to share your talents with our congregation, please give me a call at the church and join the Chancel Choir. We rehearse on Thursday evenings at 7:00 PM, and we would love to have you join us. We have a lot of fun (probably more than we should!) and sing a wide variety of music from classical to contemporary, gospel to spiritual, and lots in between. Come sing with us!

If you have school-aged kids that are not currently singing with Angel/Cherub Choir (elementary age) or Voices of Joy (youth), why not? Call David Ballard and get your kids into a choir so they can sing for Christ and His community!

Our **Performing Arts Series** will present two excellent concerts this month. Sunday, February 17 at 3:00 PM, back by popular demand, we will present the return of **Keyboard Excursions** by composer/pianist **Joel Raney** and organist **Jane Holstein**. Joel, a graduate of the Julliard School of Music, is the composer/arranger who has written most of the organ/piano works that Linda, Nancy and I play with handbells, and choir. He writes commercial jingles for a living (you would recognize most of them!) and has now found a new calling musically. Jane is Keyboard Editor for Hope Publications and is an outstanding concert organist. Together, they have created a whole new genre of organ/piano duets.

We will also be hosting a **Composers Seminar** featuring Joel Raney from 10 AM to Noon on Saturday, February 16. Joel is very fluent in just about every style of music and has written choral, piano, organ, handbells and brass in various combinations as well as solo piano works. This is open to pianists, organists, choir directors and choir singers. Cost for this seminar is five dollars, but is *free* to members of our church! However, you must register by February 8 by calling me at 480-982-3776. This is a great opportunity for you to meet the composer, especially those of you who “summer” elsewhere.

*“We are into the month of love ...”*

Our next event is one I have been trying to make happen since we built our new Sanctuary! We are presenting one of the finest collegiate choirs in the world – the **Northern Arizona University Shrine of the Ages Choir** on Tuesday, February 26, at 7:00 PM! Directed by Dr. Edith Copley, this renowned choir has toured throughout the United States and Canada, Europe, China and last year toured Australia. The *Shrine of the Ages Choir* is the premier large choral ensemble at Northern Arizona University. Founded in 1933 under the direction of Dr. Eldon Ardrey, the choir brought tremendous exposure to the university through its annual participation in the Easter sunrise service at the South Rim of the Grand Canyon. The service was broadcast nationally over NBC radio affiliate stations until 1968, including broadcasts overseas to servicemen during WWII. From 1955 to 1983 Shrine was conducted by Millard Kinney who maintained a tradition of excellence in performance. In 1983 the choir's name was changed to University Chorale. The name was

changed back to Shrine of the Ages Choir in 1999 by Dr. Copley in honor of the NAU Centennial Celebration. Shrine of the Ages Choir consists of undergraduate and graduate students of various majors.

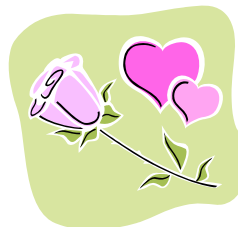
In addition to hosting their performance, we are also providing home stays for these singers. If you have a spare bed and would be willing to house two or more singers, please call me at the church: 480-982-3776. We need about 35 homes. You may pick them up after the concert and bring them back to the church the next morning after breakfast. They leave Wednesday to sing for the American Choral Directors Association's Western Division Convention in Anaheim, California.

Both the *Keyboard Excursions* concert and the *Shrine of the Ages Choir* concert are free and open to the public, as we will receive a free will offering for each. These two concerts will be two of the best presentations to ever grace our stage – that is a promise, and you know I don't say that lightly! Invite your families, your friends, and your neighbors, especially those who play music or sing (required attendance for our choir!). Please remember to bring at least one non-perishable food item per person for the Food Bank.

In His service,

*Doug*

Douglas J. Benton  
Director of Music Ministries



## Music Ministry Schedule:

MONDAY	Solemn Vow (youth Praise Band) - every other week beginning 9/10	6:30PM	Koinonia Room
TUESDAY	One in the Spirit (Country Group)	6:00 PM	Koinonia Room
TUESDAY	Youth Handbell Team	6:00 PM	Sanctuary
TUESDAY	Chancel Ringers (adult)	7:00 PM	Sanctuary
WEDNESDAY	Angel & Cherub Choir (gr. 1-6)	6:00 PM	Koinonia Room
WEDNESDAY	Uncommon Grace (10:50 Praise)	7:00 PM	Koinonia Room
THURSDAY	Chancel Choir (Youth/Adult)	7:00 PM	Music Room
THURSDAY	Voices of Joy	6:00 PM	Koinonia Room



## Youth Minis-

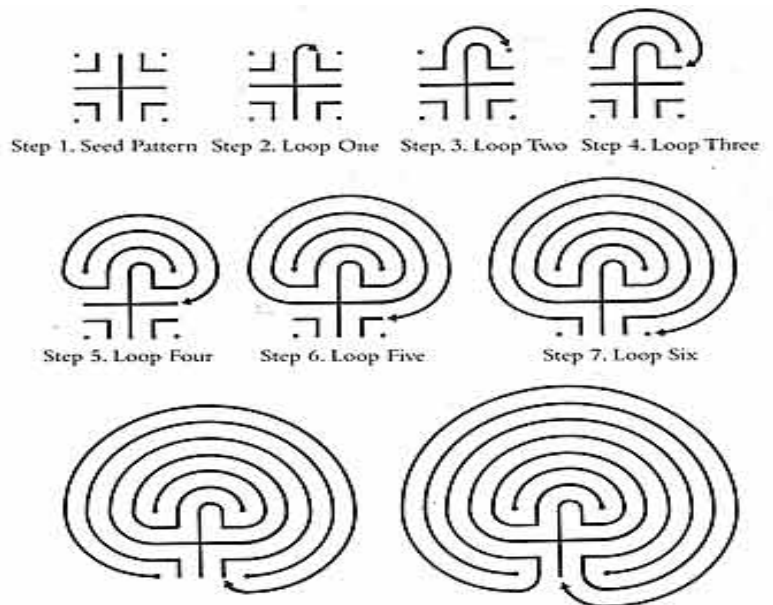
*With Cecilia O'Brien*

On December 31<sup>st</sup> our Youth Group at Gold Canyon UMC

created a stone Labyrinth. They took a neglected part of the north parking lot and turned it into a sacred space. Using only the rocks and stones found on the church property they were able to form a seven circuit labyrinth. This ancient design has been used for centuries and is found in many churches throughout Europe.

### Construction

After cleaning the space from shrubs and debris, a cross was drawn in the dirt. The cross was then turned into what is called a "seed pattern" for drawing labyrinths. Rocks were then placed on the lines that formed the cross. The design of the labyrinth was traced in the sand with a stick, as the diagram on the right demonstrates. As each looping line was traced it was covered with stones.



### Walking a Labyrinth

When you walk a labyrinth you give it its meaning. The prayerful or meditative use of a labyrinth is a tool for spiritual development.

There is no "right or "wrong" way to walk a labyrinth. You only have to enter and follow the path. However, your walk can encompass a variety of attitudes. It may be joyous or somber. It might be thoughtful or prayerful. You may use it as a walking meditation. Adults are often serious in the labyrinth. Children most often run in and out as fast as they can in a playful manner.

In many ways the labyrinth is a call to action, a spiritual tool for transformation. It can aid healing, help in releasing grief (people often shed tears during the "letting go"), help through troubled times, aid in decision making, illumination of our purpose in life, or as a tool of celebration and thanks. It is important to recognize it as a spiritual practice, not a magical tool.

Its work is our commitment to enter into the sacred spiritual walk, not merely once, but to use it as part of an ongoing spiritual practice

The Youth Group and its leaders view the labyrinth as a gifted to the church and our community. It is our hope that it can find a place in the spiritual practice of many follower of Christ.

Thanks the youth who helped in the construction, Nora Hielman, Nathaniel Gingrich, Christina Pappalardo, Carly Ried, Stephanie Rowe, Jon Sheridan, Sean Sheridan, Mikey Sheridan. Special Thanks to Michael Sheridan, who put up with all my confusing directions.

Please stop by and visit the labyrinth. It is located at the back of the church property past the volley ball court, before you reach the north parking lot. You can pick up a labyrinth guide book in the office.



## Healthy Living

By Sue Malloy, RN

**G**reetings and Happy

New Year!!! After a rough ending to 2007 and beginning of 2008 with Michael having his 2 strokes, we are very grateful for all the prayers that have gone up for us and we would ask they continue. Thank you for the wonderful cards and offerings of help. Please note I will be asking for help, as difficult as that is for me to do, in the near future.

We are now looking forward to each new day and becoming more educated on ways to add years to our lives in accordance to God's Plan for us. We all have a certain responsibility to do our best to take care of His Holy temple. I trust you will find this information helpful and motivating. Each simple step we take can become like second nature if we persevere. I came across several articles of exceptional information, while Michael was in the hospital and I will begin to share the highlights with you.

The National Institutes of Health is spending millions to explore ways to increase our life span. This includes research into nutritional supplements, calorie restriction, and of course DRUGS 🙄. My desire is to assist you all onto the Path of Wellness so no matter what our life span, (which is ultimately God's decision), we do it with Improved Health and Great Joy.

When researchers go hunting for the "secrets" to a healthy life, they begin to look at people in cultures who have been rumored to live unusually long and healthy lives. The Australian aborigines, the Greeks, the Okinawan Japanese, all have people who live well into the 100's. Research is showing that these folks eat a diet that has foods sources exceptionally rich in "antioxidants." Antioxidants protect against cellular wear and tear, from unstable oxygen molecules generated by our body's biochemical processes. One theory is that the oxygen radicals keep chipping away at the healthy cells, damaging and ultimately destroying them. When this happens, each cell whose job is keep the body functioning optimally, shuts down. Your immune cells can go awry leading to auto immune "dis-order" leading to dis-ease, as well as the billions of cells in each of your organs becoming incapacitated and not communicating the instructions it needs to promote smooth running systems, creating havoc

which leads to pain, dysfunction, even death.

This was not what God intended. He created us to be hunter/gatherers and eat healthy foods that would supply us with the nutrients we need to keep our bodies (His temples) running efficiently to meet the demands of our lives even in this stressful 21st century.

Here are some interesting antidotes for just two of our aging parts:

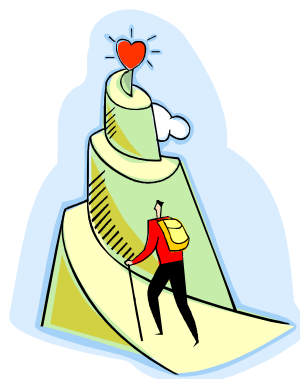
**OUR BRAIN:** Starting in our mid twenties the brain, specifically the frontal lobe where much of our problem solving and short term memory are processed, shrinks at the rate of 2% per decade. Hmmm....now I understand why I forget so much now! A Neurology study done in 2006 showed that people who ate two or more servings of vegetables, especially leafy greens, had the mental focus of people five (5) years their junior.

**OUR EYES:** Years of exposure to UV light and smoke may contribute to age related macular degeneration (AMD) a leading cause of blindness in older people. However, they have discovered that a rich antioxidant diet may help. Studies link higher intake of Vitamins C and E, beta carotene and zinc as well as lutein and zeaxanthin (antioxidants found in green and yellow veggies and egg yolks) and omega 3 fats with reduced risk for AMD. An O.D. told me if I ate just 1/2 cup of spinach a week, I could greatly reduce my chances of contracting AMD.

There is more and more research being done in the field of Nutrition and more specifically, glycobiology, uncovering wonderful scientific information that could.... if we choose to heed and subscribe to it...add length and well being to our lives the way GOD intended.

There is much more information I want to share on this exciting topic, so be watchful as this will be a series of articles to help you gain longevity and wellness. What a great opportunity we will have to enjoy serving our Lord and Savior with strength in our bones and vitality in the core of our being. God bless you and keep you in 2008 and may this be the start of a New and Improved Life.

**Susan**





## WITHIN THE CHURCH FAMILY

*By Hu & Wendy Rhymes, with a little help from Sadie and Hattie*



**Sympathies:** Martha Bergerson, upon the death of her husband, Hogie; Arne & Bonnie Eisen-  
traut, upon the death of his aunt, Ruby Syth; Donna  
Gale, upon the death of her husband, Lloyd; Judy Han-  
shaw, Rowland, Cantrell & Malloy families, upon the  
death of their Aunt Dorothy Calhoun; Karen Jacobson,  
upon the death of her daughter; Jerry Muratore, upon  
the death of his sister, Josephine Ficucello; Kathy &  
John Nuss, upon the death of her father, Merrill Wiedle;  
Barbara & Jasper Oldham, upon the death of Barb's  
brother, Dr. Leroy Antrobus & her sister, Pat Helker  
(within a few weeks of each other); the family of Davy  
Swinehart, upon his death; Lucy & Jon/Susan Weiland,  
upon the death of Lucy's husband & Jon's father; War-  
ren Widner, upon the death of his wife, Dolores and the  
families & friends of the above.

**Concerns and/or Continued Prayers:** Jack Anderson,  
Vivian Anderson, Patsy Arehart, Lynette Baumann  
(Jack & Nancy Virden's daughter), Bob Beatty, Rose-  
marie Birdsall, Tim Boyce, K'Ann Brandt (Elgin & Clau-  
dia Morris' daughter), Connie Bromwell (Jerry Mura-  
tore's sister), Darlene & Duane Brown, Bob Burgi, Jim  
Burt, Arlene Catt, Roland Coatta, Pat Collmer (Sharyn  
Bennett's mother), Harriet Coxton, Melanie Demer, Don  
& Peggy DeMoss, Van Dowd, Chandler Dunbay, Dar-  
lene & Ned Eib, Susan Ferguson, Art Fleming, Dan Gil-  
lette, Debbie Gonzales (Linda Crane's sister), Peter  
Graves, Bob Hansen, Sheila Haroldson, Rachel Hawk  
(Angie Hawk's daughter), George & Beth Hayes (Jeff  
Hayes' parents), Ray Heyse, Dennis Huber, Eric Hog-  
gart (Jim & Carolyn Burt's grandson), Joe Johnson,  
Louie Juers, Mel Kilbo, Katherine Klein, Betty & Jim  
Kremer, Larry Long, Michael Malloy, Virginia Marvel,  
Merle Matzke, Pat McMann, Jackie Musick (Margaret  
Colmer's sister-in-law), Cesar Muster, Judy Oakes  
(Wendy Rhymes' sister), Ginny Ohnstad, Dr. Barbara  
Oolman, Pat Pandajis, George Parris, Marty Popp,  
Tammy Preidis (Sue & Michael Malloy's daughter), Jill  
Renton (Marie Fetcenko's niece), Louis Raberburg, Pe-  
ter Rahaneotis, Margaret Ranney, Devon Shantz, Tif-  
fany Shellper, Delores & Maynard Schiller, Heinz  
Schmidt, Judith Miller Smith, Marcie Sturm, Connie  
Therrien, Jim Toppin, Susan Vetsca (Rick Hall's sister),  
Cheryl Wells, Bob Whaley, Ann Winfough, Carolyn  
Wright, Lisa Wrobel, 2 UNSPOKEN REQUESTS and  
PRAYERS for the families (CAREGIVERS) of the  
above. PRAYERS for requests in the "CONFIDENTIAL

PRAYER" boxes. PRAYERS for our MILITARY Per-  
sonnel and families.

**Joys-but Still in Need of Prayers:** Nancy Arbuckle,  
Dick & Eleanor Armstrong, Barbara, Dorothy & Joey  
Baker, Margaret Baker, Lynette Baumann & Jack &  
Nancy Virden (Nancy's daughter), Robert Boehm,  
SSgt. John Briggs in Guam, Bob Brummitt, Sgt. Jeff  
Carroll in Iraq (Harriette & Jeff Downing's nephew),  
Paul Casper, Helen & Carlos Chapman, Mark &  
Donna Cleary, Bob & Marcia Cole, Ilene Covill (Paul  
Fillion's sister), Cliff & Lorraine Davidson, Chuck Dick-  
inson, Ken & Kathy Dickinson, Bob & Loraine Engel,  
Ed Favia (Army), Nancy Favia (Air Force Reserve),  
Dale & Inge Fitzpatrick, Gen Garneski, Ardeena &  
Dave Gillette, Arline & Ross Hacker, George & Beth  
Hayes, Amanda Hendersen (Iraq), Audrey & Jim  
Hibbing, Chris Huston in Iraq (Ken Miller's grandson),  
Henry Kaminski, Gladys Kay (Jane Hayes' Mom),  
Naomi Kyle, Jane Lambert, Pauline & Robert Ly-  
mons, Michael & Susan Malloy, Sally Marvaino  
(Suzanne Jacobson's sister), Major Brian Martin in  
Afghanistan, Shirley & Merle Matzke, Todd Matzke (in  
Iraq), Brian McCann (Jeanette Lunstead's son), Neal  
McGough in Afghanistan, Doris McKinney, Bert &  
Muriel Mercer, Hedy Moore (Jed Moore's Mom), Tom  
& Rose Pease, Keith & Nancy Petticrew, Kletia &  
John Phillips, Floyd & Ione Pierce, Icey Revis (Lynn  
Revis' mother-in-law), Ed & Shirley Savchenko, Bar-  
bara Sebring, Dee Sherman (Bob Sherman's Mom),  
Emily Sutherland (Wendy Moore's grandmother), Bill  
& Bobbie Talbot, Ken & Audrey Taran, Carl & Helen  
Thacker, (Jerry Thacker's parents), Dave & Claudia  
Thomas, Lillian Thomas (Bill Thomas' mother), Bev &  
Jim Toppin, Marven & Wanda Tufte, Jim & Char Van  
Slooten, Ray and Nancy Villeneuve, Dick Wilcox, Dot  
Zelezic and the families of the above.

**CONGRATULATIONS TO BILL AND CANDICE  
MOSELEY** upon their recent marriage in Washington  
State.

### MIND MENDERS SUPPORT GROUP

Meets on the 2<sup>nd</sup> And 4<sup>th</sup> Fridays  
in the Education Building.

This support group is for caregivers of  
anyone with Alzheimer's or some form of  
Dementia.

*Contact Jeanette Lunstead or the church  
office for more information.*

**Grief Support Group**  
**Wednesdays at 4 pm**  
**Room 101/102**

**Led by Ted & Laurie Christy**

Gold Canyon United Methodist Church offers a Grief Support Group for those who need someone to talk to. Grief isn't always about death – we all need help at times talking about and understanding our feelings. Anything that may cause you sadness in your life is an issue for grief support. Sometimes it is death, or divorce, or it could be the fears of relocation or a new job. We are here to listen when you need to talk. For information, contact Ted or Laurie Christy at 480-671-5768 or Lchristy20@yahoo.com.



### LETTERS

We especially want to thank Pastor Hu and Wendy for their prayers, calls and visits during our time of sorrow, our daughter's surgery, and mine also. Thank you to the church members for their prayers, cards, and phone calls.

God Bless You All.  
 Bonnie and Arne Eisentraut



### “LAUGH A LITTLE” with Hu

#### PAY YOUR PLEDGE

A man was seriously ill and called for his pastor. “Pastor, if you pray for me to recover, I will give \$10,000 to the new church building.” The pastor prayed and the man got well. The pastor tactfully reminded the man of his pledge. The man replied, “I pledged that? Well, that should give you some idea of how sick I really was.”

#### YOUR GIFT WILL RETURN

Hoping to develop his son's character, a father gave his son a penny and a dime. “Now, son, you put whatever one you want in the offering plate.” When the boy returned he was asked by his father which one he put in the offering. The son answered, “The Bible says the Lord loves a cheerful giver, and I knew I could give the penny more cheerfully than I could give the dime, so I gave the penny.”

**Let us remember to  
 pray daily**



## United Methodist Women of Gold Canyon UMC

*The United Methodist Women includes all women of the church. We are dedicated to fellowship, friendship and service. We welcome all GCUMC women.*

### UMW Meeting Schedule

Executive Board Meeting

Monday, February 4

9:00 a.m.

Room 101/102

Education Building

\* \* \*

Unit Meeting

Saturday, February 9

9:45 a.m.

“Riches to Rags, & Never Happier,” Marlene

Downing

Room 101/102

Education Building

At our February meeting, Marlene Downing will share her incredible life's journey by telling us about her conversion from Judaism to Christianity. We all understand acts of sacrifice; Marlene lived that challenge.

She titles her experience “From Riches to Rags and Never Happier.” Come meet and listen to this dynamic speaker. Saturday, February 9<sup>th</sup> at 9:45 a.m. in the Education Building.

### Stitches Unlimited

Attention all quilters, sewers, knitters and crocheters! Stitches Unlimited needs you! We meet the 2<sup>nd</sup> and 4<sup>th</sup>

Thursday each month at 1:00 p.m. in

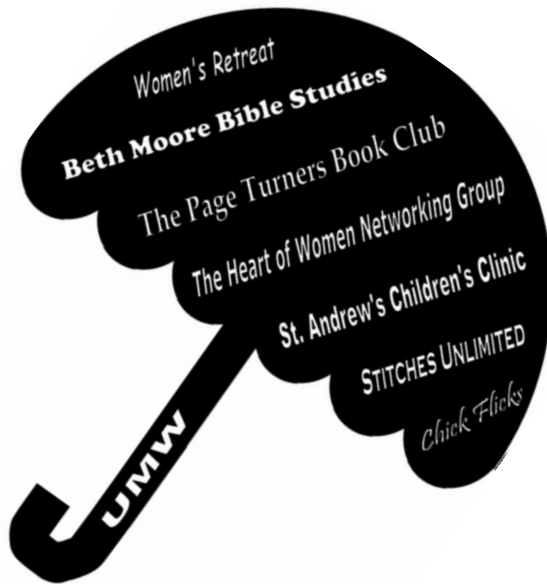
Room 101/102 of the Education Building. All skill levels are welcome. Kits are available for those who would like to work at home. Please come and see where you can be “in stitches.” Questions? Please call Melva Houtcooper at 354-4012.



### Heart to Heart Tea

You're invited to tea Saturday, February 2<sup>nd</sup> at 10 a.m. at Carolyn Burch's home, 10156 Sleepy Hollow. Come. Let's get acquainted. We encourage you to find out who we are as United Methodist Women, our values, and our purpose. Questions? Call Velma Carlson @ 982-8990 or Carolyn Burch @ 983-9943.





## February Chick Flicks

*Sponsored by United Methodist Women*

Kick off your shoes. Make yourself at home. Come sit in a comfy chair, kick back, relax and watch **Take The Lead**. We'll have light refreshments, and discuss this movie which is based on a true story of a dance teacher who believed in the talent of a group of problem kids. Carol Lineback will hostess a 2 p.m. matinee on Tuesday, February 19. Carol's address is 11069 E. Kilarea Ave., #116, Mesa. Watch the bulletins for other dates and locations. And, as always, please, as a courtesy to our hostesses, call the office to sign-up.



## The Page Turners

The Page Turners Book Club meets the fourth Monday each month at 2 p.m. We are a club of a diverse group of ladies who read the same book and then discuss it. The book selection for February is Hard Line: Life and

Death on the U.S. – Mexico Border by Ken Ellingwood. This is a vivid portrait of a place and its people, and a moving story of the West that has major implications for the nation as a whole. Told through stories of undocumented immigrants and the border agents who track them through the desert, human-rights workers who aid migrants, ranchers taking the law into their own hands and Native Americans divided between two countries. Other book selections for 2008 are listed on the bulletin board in the Education Building. Questions? Please call Diana Linton at 671-0062.

## The Heart of Women

The next meeting will be Friday, February 1 at 11:00 AM.



## Women's Retreat At Mingus Mountain "Portraits: Women Then and Now"

April 25-27

Come let the lives of the Women of the Bible come alive. Literally. Discover how their experiences are not unlike your own. Join us at the mountain top and let God nourish your spiritual life, help you to experience His grace, and deepen your understanding of scripture in the light of the stories of these colorful characters in the Bible. You will leave the event rejuvenated, with new friends, and will carry with you a new appreciation for all the women who have gone before us. Cost for the weekend is \$100 for lodging, meals and materials. A \$30 **non-refundable** deposit will hold your reservation. The balance is due by April 1<sup>st</sup>. A limited number of scholarships will be available. Registration forms are available at the church office while they last. We have reserved two cabins and sixty beds. They fill up fast. If you need further details about the weekend, please call Diana Linton at 671-0062.

## St. Andrews Children's Clinic

In our abundance, let us remember the children. . . Planning for the March 6 caravan to St. Andrew's Children's Clinic is underway.

For your convenience items needed by the clinic are on the Wish List below. Drop off containers may be found in the Narthexes of both buildings. Sign-up sheets are also posted. Thank you for your continued support. Questions? Please call Alyce Ancell at 983-2510 or Gail Crawford at 671-3697.

## St. Andrews Wish List:

### Pharmacy

Chap stick, sun screen SPF 30, vitamins with iron, Milk of Magnesia, Hydrocortisone cream, Children's Tylenol

### Nutrition

Blenders, Cranberry juice (10 or 12 oz.) bottles only, ENSURE, PEDIASURE, peanut butter, powdered milk, prune juice (small cans only), adult vitamins

### Equipment

Locked filing cabinet (2-drawer & movable)  
Child size chairs (ages 6-8) for Speech & Therapy Departments

### And Let's Not Forget

Disposable diapers (especially newborn)  
Eyeglass frames (children used)  
Hearing aids (used)  
Toiletry kit items: Toothbrushes, toothpaste, hotel size soaps, shampoos, Kleenex, combs



**Gold Canyon United Methodist Church**  
6640 S. Kings Ranch Road  
Gold Canyon, AZ 85218  
Phone: 480-982-3776  
Fax: 480-671-0028  
Office Email: GoldCanyonUMC@MindsPring.com  
www.goldcanyonumc.org

**Non-Profit Organization**  
**U.S. Postage**  
**PAID**  
**Apache Junction, Arizona**  
**Permit No. 64**

**Monthly Newsletter Deadline: 15th of the Month**  
**Weekly Bulletin Insert Deadline: Noon on Wednesday**  
**Flower Order Deadline: Noon on Wednesday**

#### **GCUMC Staff**

Senior Pastor	Fred A. Steinberg
Minister of Pastoral Care	Hu Rhymes
Associate Pastor, East Mesa New Church Start	Julius Keller
Associate Pastor	Bob Deits
Director of Music Ministries	Douglas J. Benton
Director of Education &	
Associate Director of Music	David Ballard
Director of Youth Ministries	Cecilia O'Brien
Pianists	Carol Ballard, Linda Jones, Nancy Virden
Office Manager	Suzanne B. Jacobson
Administrative Associate	Margaret Ball
Volunteer Coordinator	Jane Hayes
Parish Nurse	Sue Malloy
Nursery Care Giver	Susan Kenyon
Facility Care Takers	John LaViolette



## **WINTER SERVICE HOURS**

**\*8:00 & 9:45 AM—Traditional Worship  
In the Sanctuary**

**\*10:50 AM—PRAISE  
Service  
In the Koinonia Room  
Music led by *Uncommon Grace***

**5:00 PM—Country Western Service  
In the Koinonia Room  
EVERY SUNDAY**

**~with Music led by *One in the Spirit*~  
The Housers will provide music on the last  
Sunday of the month~**

## **SUNDAY SCHOOL SCHEDULE**

*All Children's Sunday Schools begin in the  
Worship Service with their families. Children  
are led to their classrooms after the Chil-  
dren's Sermon.*

**†8:45AM ~ Adult Sunday School  
Meets in Room 101**

**†9:45 AM ~  
Children's Sunday School  
Meet in Classrooms**

**†9:45 AM ~ Youth Sunday School**

**†10:50 AM ~  
Children's Sunday School  
Meet in Classrooms**

**†10:50 AM ~ Adult Sunday School  
Meet in Sea of Galilee Room**